



BREAKFAST

OCTOBER 2023 REDWOOD PREP CHARTER SCHOOL

DRINK OPTIONS
1 % Low Fat Milk
Non-Fat Chocolate Milk
100% Juice Variety

Monday

HONEY NUT
CHEERIOS
BANANA

2

Tuesday

HONEY WHEAT
PANCAKES
DRIED APRICOTS

3

Wednesday

ENGLISH MUFFIN
SAUSAGE PATTY
PINEAPPLE TIDBITS

4

Thursday

FRENCH TOAST
STICKS
APPLESAUCE

5

Friday

CHOCOLATE CHIP
MUFFIN
RASPBERRIES

6

COCOA PUFFS
BANANA

9

OATMEAL BAR
RAISINS

10

CHEDDAR OMELET
WHEAT TOAST
PEACH

11

WAFFLE
APPLESAUCE

12

GRANOLA
YOGURT
STRAWBERRIES

13

SHREDDED MINI
WHEATS
KIWI

16

PIG IN A
BLANKET
APPLESAUCE

17

BAGEL
SAUSAGE PATTY
ORANGE

18

FRENCH TOAST
MINIS
PINEAPPLE TIDBITS

19

BLUEBERRY
MUFFIN
BLUEBERRIES

20

CINNAMON CHEX
KIWI

23

OATMEAL BAR
PEACH

24

SCRAMBLED EGG
BISCUIT

25

BELGIAN WAFFLE
APPLESAUCE

26

GRANOLA
YOGURT
STRAWBERRIES

27

HONEY NUT
CHEERIOS
BANANA

30

VANILLA
PANCAKES
CRAISINS

31



[Enter Additional Info]



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MySchoolBucks.com