

Mental Health Resources for Families

Mental Health Provider Directory
 North Coast Association of Mental Health Professionals (NCAMHP)
www.NCAMHP.org
 A directory of a variety of mental health professionals where you can search by population (youth), modality and insurance type etc.

Two Feathers Native American Family Services
 Phone: (707) 839-1933
www.twofeathers-nafs.org
 Services Offered: Behavioral Health, Child Welfare & Social Services, Youth Prevention & Promotion Program

Children's Behavioral Health, Humboldt County
 Phone: (707) 268-2800 www.humboldt.gov.org
 Services Offered: Assessment| Therapy| Case Management| Psychological Services| Medication Services
 Accepts Medi-Cal/Partnership. Inquire with the billing department for private insurance requests.

Changing Tides
 *Must be referred by Children's Behavioral Health Referrals (707) 268-2800
www.changingtidesfs.org
 Medi-Cal/Partnership required for services

United Indian Health Services (UIHS)
 Phone: (707) 442-0380 & (707) 825-5000
www.unitedindianhealthservices.org
 Services Offered: Mental Health Services to Native American Families

North American Mental Health Services
www.namhs.com
 Phone: (530) 646-7269 Ext. 1305 (new patient inquiries)
 Phone: (530) 722-4942 (online therapy inquiries)
 Services Offered: Therapy & Counseling|Psychiatry|Medication Management

Remi Vista
 Phone: (707) 268-8722
www.remivista.org
 Services Offered: Counseling|Children's Speciality Mental Health Services|Intensive Home Based Services|Therapeutic Behavioral Services|Supportive Living Services|Social Emotional Support Services|Wraparound Services

Southern Trinity Health Services, Scotia Bluffs
 Phone: (707) 764-5617
www.sthsclinic.org
 Services Offered: Behavioral Health| LCSW

Mental health professionals can assist children and youth in times of transition, growth and challenge.

IF YOU HAVE QUESTIONS OR CONCERNS, PLEASE REACH OUT TO YOUR SCHOOL COUNSELOR, HANNAH BRUCKNER (707) 682-6149